FREE TO READ! FREE TO WRITE!

Submit your story online by May 1 at wbvobserver.com



VOLUME 12 • ISSUE 8 | Community News Powered by the Citizens of Westlake and Bay Village | 21 April 2020

DIGGING DOVER

Archaic relics found in or near Dover



Early Archaic 2.75-inch-long projectile point from the Pease collection, circa 6,000 to 8,000 B.C. Courtesy of Chris Kitchens.

by WILLIAM KRAUSE

The glaciation 25,000 to 50,000 years ago brought granite boulders from Northern Canada to Dover. It is the same glaciation that many scientists believe eventually brought the first humans to the Americas over a land bridge from Siberia.

It is between 16,000 and 13,000 years ago that archaeologists agree there was widespread habitation of the Americas by humans. Dr. Brian G. Redmond, Curator of Archaeology at the Cleveland Museum of Natural History (CMNH) states that the first human inhabitants who stepped into the ecological mosaic of northern Ohio were here more than 10,000 years

before French Europeans first ventured into the area in the 1600s

"Ohio Archaeology," a book written in 2005 by Dr. Bradley L. Lepper, Curator of Archaeology for the Ohio Historical Society (now Ohio History Connection), is an excellent source for understanding the topic.

It explains that what are called Paleoindians occupied northeast Ohio from about 13,000 to 11,000 years ago. At that time the area was primarily a spruce boreal forest similar to parts of Alaska today and these first Native Americans, in small nomadic hunting bands, pursued caribou and possibly mammoth and mastodon across vast distances.

▶ See RELICS page 4

Good Friday is celebrated in a unique way in Westshore communities

by KAROLINE ZORC

ood Friday is one of the holiest days of the year for Catholics. Traditionally, The Passion is read and the Stations of the Cross are prayed at various churches on Good Friday. This year the typical observances would be put on hold because of the stay-at-home order from Governor Mike DeWine due to the COVID-19 pandemic.

However, 14 Bay Village, Westlake and

Rocky River families created a way to commemorate the journey of Christ and join the community together, while still social distancing through the Driving Stations of the Cross.

The effort was led by Dr. Katie Bekeny-Kelly and her family of Bay Village. She started a text string on April 1, asking each family to volunteer to create some sort of display of the 14 Stations of the Cross for Friday, April 10. The goal was for families and community members to drive by each exhibit and use the Catholic All Year Stations of the Cross devotional to

Station Station of the Cross No. 1 at a Huntington Woods Drive home. say prayers, read Bible verses, and

meditate with the visual model of the path of Jesus.

The group used different mediums: cardboard, plywood, canvas, or butcher paper to erect each display. The families decided how to put them up and keep them up on the sunny, but windy Friday. The Stations went up at 8:30 a.m. and the first observers showed up around 9:00 a.m. on Huntington Woods Drive, for station No. 1, Jesus was condemned to death.

They followed the emailed map and prayer booklet in a circular pattern, finishing on

Osborn Road, where Jesus was laid in the tomb. Spotlights illuminated the stations until 10 p.m.

According to Westlake resident Megan Tomsik, "More than any other day, on Good Friday, our faith calls us to remember the sacrifice Jesus made, usually through fasting, church visits, prayer services or live Stations of the Cross. The Driving Stations of the Cross was a way for our family to experience the Passion of Christ in community with our church family, while still observing social distancing regulations."

► See GOOD FRIDAY page 2

THE MEDICAL INSIDER

Confession of a COVID-19 virus

by DIANA PI, M.D.

all me SARS-CoV-2. Short for severe acute respiratory syndrome coronavirus 2. I'm responsible for the current pandemic: COVID-19 (Corona Virus Disease 2019). I

My animal hosts are bats and/or pangolins; my country of origin, China. Please don't call me batty or Chinese. It's neither funny nor productive.

I have hundreds of relatives, mostly in animal reservoirs. I'm the 7th one to infect humans. But it's likely you've been infected by any of my four pesky, but mild-mannered cousins, who are major causes of common colds (5% to 30%).

▶ See VIRUS page 2

Westlake Rec offers home workouts

Online fitness videos available on Rec Center webpage

by ROBERT ROZBORIL

ust because you have to stay indoors or simply cannot make it to the Westlake Rec Center or your local gym does not mean you have to miss out on a quality workout guided by knowledgeable instructors.

The Recreation Department's staff has compiled various workout videos online at www. cityofwestlake.org/764, focusing on cardio, strength training and circuit training featuring our staff and personal trainers.



Among the videos are several yoga instructional sessions – some geared specifically toward seniors

demonstrating low-impact exercises that can be performed in the comfort of your own home.



More stories, photos and events online at wbvobserver.com



The Observer - Dedicated to the ideal that volunteers define a community.

GOOD FRIDAY

from front page

People had different experiences while on their drive-by journey. Third-grade St. Raphael teacher Cathy Barrett sent this email: "Thank you so very much for such a holy experience. We participated as a family and were very moved by the creativity and holiness at all of the Stations. May God bless you and thank you again."

In addition to being able to take a drive and pray with family members, an added bonus was being able to wave to friends on the journey as you progressed through the stations. From the comments the group received, the Driving Stations of the Cross was a fantastic idea of putting faith into action during this trying time. It was



A local home displays Station of the Cross No. 10 on Good Friday.

wonderful working together as a family to create the exhibit and even better to see the steady stream of cars waiting to pass by each house.

While these days of the pandemic

have been difficult, the Driving Stations of the Cross has given us the unique and creative opportunity to feel more togetherness in our community, while strengthening our faith.

VIRUS from front page

In the last two decades, my immediate family has rained calamities on humanity.

My sister SARS-CoV-1 (case fatality rate, 9.6%) was responsible for the 2002 pandemic. In months, she traveled to two dozen countries – and was contained in eight months.

My brother MERS-CoV started the 2012 Middle East Respiratory Syndrome. Still active today, he's lethal (case fatality rate, 34%), travel-stamped four continents. But current outbreaks are restricted to the Arabian Peninsula.

Because there's no history of direct bat-to-human transmission, to infect you, I likely survive in a second host. The second host for my sister was the civet cat: for my brother, the dromedary camel.

But mine remains a scientific curiosity and the subject of international conspiracy theories – the stuff Hollywood craves.

Many believe I'm man-made. But the scientists who stripped me naked and studied my entire genome think only natural selection could come up with something as exquisite, and at times, counterintuitive, as me.

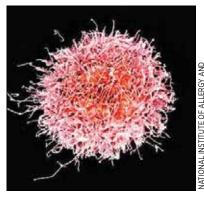
That is, I am Mother Nature's perfect storm.

Ever since Homo sapiens (that's your species, it literally means "wise man" in Latin) started to keep and hunt animals, pathogens like me, who can jump from animals to infect humans, have increased. Today, 3 out of 4 new infections come from animals.

The Pandemic Hall of Famers: HIV virus came from gorillas and/or chimpanzees. Swine flu: pigs. Bird flu: chickens, ducks, turkeys, wild common terns. Ebola: African fruit bats.

About one new pathogen pops up each year. But a thumper like me is years in the making.

Oh, you want to know what I look like?



Human immune cell: natural killer cell.

I'm a ball. I've got spiky suction cups on my wall. In 1968, a group of 8 virologists (who spent too much time indoors, staring at my family photos) exclaimed, "Why the spikes on these viruses are so distinct, surreal and beautiful – just like the solar corona." And the name stuck.

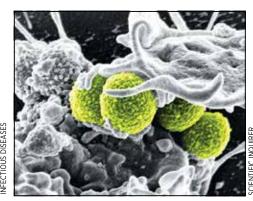
But my spikes are not ornamental. They enable me to grab host cells. Once docked, I enter intact and inject my genetic material. My host cell is tricked into churning out millions of copies of me before it dies of exhaustion.

My Achilles heel: my delicate fatty wall. When you wash your hands, soap (any soap will do) and water disrupt my wall and disembowel me readily. Soap and water have an edge over alcoholbased sanitizer – they clean the crud I hide under.

My other potential weakness is the subject of hundreds of ongoing trials. But it'll take year(s)to find out if a drug or vaccine works. The first major Ebola outbreak was 2014; the first vaccine just became available in December 2019.

I know it feels like a lifetime, but as of April 2020, I'm five months old. So ... please be careful with the "common sense," "nothing to lose," "miracle" cures. No drugs/vaccines have been solidly proven to work – yet.

What can you believe? I'm exceptional, and so are you. Studies show bacteria seed your blood regularly, doing



A white blood cell battling bacteria (in green).

something simple like brushing teeth. But your immune system clears them in minutes.

For now, stick to the basics: handwashing, social distancing. A healthy routine is your best bet to boost your immunity long term.

Still nervous? Watch a 1-minute video by UCSF on white blood cells, one of your immunity's first responders, at bit. ly/2VBVGKj. It curls my spikes seeing them fold and move and remove the likes of me.

I know I evoke strong feelings: hate, fear, intrigue, annoyance – or total indifference. I know no border, race, religion or wealth. There'll be others. What I am: I'm a true test of the flexibility, strength and integrity of your health system, of your community; the wisdom of your policymakers; and your collective humanity.

I want to leave you with a quote from "The Art of War" by Sun Tzu.

No, I didn't read the book. I'm a virus, for Pete's sake. I bet most Chinese never read that book either. I got my quote like everybody else – by googling quotable quotes.

"If you know the enemy and know yourself, your victory will not stand in doubt; if you know Heaven and know Earth, you may make your victory complete."

We: humans, animals, plants and microbes, share one earth, one earth only.

My fate is up to you – the wise one.



The Westlake | Bay Village Observer is a hyperlocal community newspaper and website written by, for and about the residents of Westlake and Bay Village, providing perspectives and information about topics and events in our community. The mission of the Westlake | Bay Village Observer is to inform, involve and energize the community through the participation of the 1,100+ community volunteers. All Westlake and Bay Village residents are invited to participate.

To join in, sign up through the Member Center at **wbvobserver.com/members** to submit your stories, photos and events.

All content should be submitted through the online Member Center, not by email.

Letters to the editor (max. 300 words) may be sent to tara@wbvobserver.com. Please include full contact information.

Business promotional articles will not be published. Contact us for advertising rates.

QUESTIONS? Contact: staff@wbvobserver.com or 440-409-0114

The views and opinions expressed in this publication do not necessarily reflect the views and opinions of the Westlake | Bay Village Observer staff.

PRODUCTION OFFICE

451 Queenswood Drive Bay Village, Ohio 44140 440-409-0114 • Fax 440-409-0118

Copyright ©2020 The Westlake | Bay Village Observer. All rights reserved.

Any reproduction is forbidden without written permission.

Denny Wendell

Co-Publisher, Designer denny@wbvobserver.com

Tara Wendell

Co-Publisher, Senior Editor tara@wbvobserver.com

Laura Gonzalez

Advertising laura@wbvobserver.com

CONTRIBUTING WRITERS

Denise Ayres, Jeff Bing, Nancy Brown, Karen Derby, Eric Eakin, Maryann Fitzmaurice, Jennifer Hartzell, William Krause, Kay Laughlin, Brooke O'Donnell, Diana Pi, Rachel Polaniec, Robert Rozboril, Tak Sato, Karoline Zorc

PHOTOGRAPHERS

Nancy Brown, Eric Eakin, William Krause, Rachel Polaniec, Tess Smith

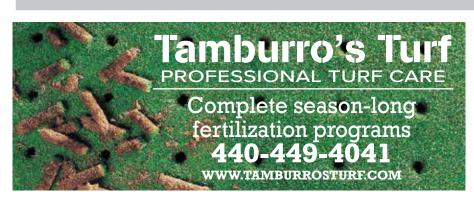
ALSO HELPING

Jon Mack, Laurel Wendell, Kathy Winzig



Advertising supports our civic groups who rely on the free Observer to get the word out on the good news & events happening in our community.

Email staff@wbvobserver.com





THE GREEN REPORT

Staying eco-friendly while staying at home

by JENNIFER HARTZELL

hope this issue of the Westlake | Bay Village Observer finds you all healthy and safe. We will all get through this together! That being said, things are changing very quickly and I want to review some changes that affect you right now.

In both Westlake and Bay Village, Simple Recycling curbside pick-up is suspended until further notice. If you have those bags filling up like I do, please find a good spot to store them until service resumes. I would hate for those items to be placed in the trash because there is a temporary service disruption!

There will be no hazardous waste or computer drop-off in Westlake for

May. Please see the city website for a make-up day (not yet rescheduled). In Bay Village curbside yard waste and bulk pickup will resume on April 21.

More changes that affect us all: Heinen's and Giant Eagle are no longer allowing reusable grocery bags in their stores. This is a huge bummer for me because I haven't taken plastic bags at a grocery store in about 15 years! Aldi is operating as usual with allowing reusable bags.

Please ensure you either reuse your blue grocery bags or save them for recycling. You can still recycle the bags back at Heinen's or Giant Eagle locations.

You're probably thinking to yourself, "This is not good news for the environment, Jenny! What can I do, personally, to help?" That's a great question! A lot of us are finding ourselves with more time on our hands – what a great time to start composting at your house! (I wrote a column on the topic several years ago explaining how I started composting. You can access it at wbvobserver.com/read/2017/03/21/composting-at-home.)

Also, and this is nothing new, please make sure you are ONLY flushing toilet paper down your toilets. With the increased use of wipes, many people are flushing them: This is a terrible idea for your plumbing and also terrible for the environment. Wipes do not break down and many are made with plastic. Please, please flush only toilet paper! And one last thing you can do: tap water is safe so

please continue to drink it and avoid the use of plastic water bottles.

Some good news: With the huge reduction in cars on the road and with heavy industry shutting down, pollution has decreased worldwide and therefore our air quality has improved. However, this positive news comes with a huge asterisk: the globe is facing a garbage crisis because of the increased use of hand sanitizer (plastic bottles), wipes and water bottles.

Recycling in this country was already in crisis, and the garbage and waste accumulating during this time will be an issue that needs to be addressed. Please continue to recycle as usual, and continue to avoid the plastic that you are able to avoid.

I hope you are all staying home, and staying safe and healthy. We can each continue to do our part for the environment with the means we have available to us.

Nestorations – spring cleaning for bald eagles!

by MARYANN FITZMAURICE

pring cleaning time is here. Maybe that's a good thing if we have time to spare while staying at home. But we're not the only ones doing spring cleaning. Birds are nesting now. And – after a long winter out in the elements – many bird nests don't just need spring cleaning, but serious restoration – nestoration!

Many backyard birds make a new nest each year. Nest building is an important part of their courtship ritual to attract a mate. But birds of prey – like hawks, vultures, owls, osprey and eagles – mate for life. So they don't need to build a new nest each year. Instead they reuse the same nest year after year. And nestorations are in order each spring.

Bald eagles are a case in point. Their nests – or aeries – are huge, often as much as 10 feet wide and 6 feet deep. And can weigh 1,200 pounds or more. Remember, they need to be big enough to accommodate as many as 5 full-size eagles -2 adults and up to 3 eaglets that will be as big as their parents before fledging (leaving the nest).

These enormous nests require a lot of nestoration. The nests are made of interwoven sticks. And the eagle parents – like many married couples – often play tug-of-war arguing over the placement of each and every new stick. Each year they also build a new egg cup in the nest, lined



Newly hatched eaglets in a Decorah, Iowa, nest cam.

with moss, soft grasses and corn husks, where they lay their eggs.

Have you seen a bald eagle nest in a tree off in the distance and maybe the adults – with striking white heads and tails – sitting on a nearby branch? Too bad we can't see the goings on inside the nest because they are so high up, often 70-100 feet off the ground. Not the eggs laid, the chicks hatched, the hatchlings brooded. The growing eaglets bonking each other

fighting for the sushi – fresh fish and small mammals – served up by mom and dad. Or the fledglings wingercizing – wing flapping and taking test flights before they fledge.

Or can we? Well, we can. We can watch all the eagle nest drama on nest cams! We have two active eagle nests in our area with 24/7 live streaming nest cams one at Redwood Elementary School in Avon Lake, where Stars and Stripes (as the school kids have named them) are raising 3 eaglets that hatched April 10-12, 2020 (view live on YouTube at bit.ly/2xFwiuZ). And another in the Rocky River Metropark, where the first eaglet hatched on April 14 (bit.ly/3evj98r). There is also a popular bald eagle nest cam in Decorah, Iowa, that has live camera operators who can zoom in on the action (bit.ly/3bufSod). The Decorah nest cam is operated by the Raptor Resource Project, which has an online education program (www. raptorresource.education) with lesson plans and a classroom chat that can be used for home schooling.

So, when you get tired of spring cleaning, why not take a break and watch the nestorations and other goings on in our local eagle nests.



4	1	
		1

We need your help



Since 2009 the Observer has strived to fulfill our founding mission - to strengthen our community by informing and engaging Westlake and Bay Village residents.

Times are tough, and the pandemic has presented an added challenge at a time when emotional connection and togetherness matter so much.

Please help us continue to provide a free medium where the community can share news, share stories and share laughs.

If you'd like to keep the Observer serving the community, please send a cash or check donation along with the form below. **Donations may also be made by credit card at wbvobserver.com**. All supporters will be recognized in a future edition of the Observer.

l'd like to help support the Observer!	_
First Name Last Name	_
Check this box if you <i>do not</i> want your name included in a list of donors.	
Donation Amount:	
\$5\$10\$25\$50 Other: \$	_
Please make checks payable to WBV Observer and MAIL TO: 451 Queenswood Drive, Bay Village, OH 44140	
The Observer is an independent, community owned publication. Please note that charitable contributions are gratefully accepted but not tax-deductible. For questions about donating or more information on how get involved, contact publishers Denny Wendell or Tara Wendell at 440-409-0114, staff@wbvobserver.com	to to

PET CARE

Jackie's Journey

by NANCY BROWN

llow me the privilege of introducing you to my new friend,

She is unable to speak. Jackie is a sweet 6-year-old golden retriever from Golden Treasures Rescue. Many others like her have shared a similar journey.

When I first met Jackie her head hung very low and tight, she drooled, constantly circled and panted. Jackie was not willing to wag her tail. When introduced to others she would shy away. Extremely skittish. she clearly was a breeding mom from an Ohio Amish breeder.

Jackie represents the 1.6 million dogs that are adopted in the United States each year. Jackie is one the lucky girls that was removed from one of the American puppy mills. Numbers provided by the Puppy Mill Project estimate there are 10,000 (licensed and unlicensed) puppy mills that exist in our country. Over 2 million puppies are bred in mills each year. An

estimated 1.2 million are euthanized in shelters each

This slogan circulates the internet and has even appeared on advertising boards, especially in Ohio: "Adopt, don't shop" for your next pet.

Now with some pet owners unsure about their futures, fears and misinformation about COVID-

19, the euthanasia number is on the rise. Animal clinics that might only euthanize one companion animal every two or three days are putting nine or more animals down a shift. Their freezers are full.

During this current COVID-19 crisis some shelters have been lucky to empty out with the exception of medical cases. Discussions are plentiful on how to address the upcoming need to catch up with spaying and neutering as kitten and puppy season is here!



Jackie, a rescued golden retriever.

According to the American Veterinary Medical Association there is currently no evidence that companion animals, including dogs, can spread COVID-19 or that they might be a source of infection in the United States.

There are many pet rescue groups, like some shelters, who are at a standstill with adoptions and unable to assist many pets in need.

Have a plan for your pets. Ohio law allows for last directives in wills and estate

planning. Reputable rescue organizations have written in their adoption contracts a clause to return pets to them. Some municipalities provide programs to monitor senior citizens. Documentation with most of these programs includes pets in the home and emergency contacts. Please consider having detailed instructions visible on a refrigerator or in multiple places in your home in the event of an emergency.

Now to conclude with the update on my new gal

pal, Jackie. It has been two weeks and she now picks up toys, joins in on affection, loves being brushed and praised. She is relaxed as she watches life go by out the door. Jackie now wags her tail and she snores at night! She circles less from being confined in a box and enjoys being a member of a pack of other throw-outs and misfits.

Please remember to adopt and not shop! Please don't pass up on adult or senior citizen pets like Jackie and others. The fun and love can be very fulfilling.

RELICS

from front page

Because ancient lakes covered much or all of Dover Township until 12,700 years ago there is little chance for archaeological evidence to exist from the period before the water levels receded, even if it was visited or inhabited. But later, less substantial fluctuations in lake levels would not have made much difference to the bulk of the land in Dover, and its artifacts, due to the high shale cliffs in Bay Village.

As a result, the oldest artifacts that can be found in Dover are artifacts left by the next group, the Early Archaic hunter and gatherer Indians who lived in the area from about 10,000 to



1.25-inch-thick Early Archaic Celt (side view), circa 6,000 to 8,000 B.C., found in Avon by Richard Forthofer. Courtesy of Dina Bluemel.

8,000 years ago. Dr. David Brose, One tantalizing relic that I who once held the same position heard about but have never seen as Dr. Redmond at CMNH, stated was a stone mortar that was in the Encyclopedia of Cleveland found in a charcoal laden site History that Early Archaic tools along Cahoon Creek, uncovered have been found at springs near when the former Zipp's the headwaters of Cahoon Creek Manufacturing site was being and that a major Early Archaic cleared for the Cahoon Ledges campsite existed where Hilliard cluster development in Bay Boulevard now crosses the Rocky Village. This is near West Oviatt and Cahoon roads behind the Dover Junction shopping center.

> It is amazing that this relic in situ was not found until just about 15 years ago. The man who found it told me about it at a Bay Village antique show. He said that he had the tool examined at CMNH and they said it could be as much as either 8,000 or 10,000 years old (I can't remember which). If he happens to read this article it would be great if he could send me a picture of it and describe how and where he discovered it in greater detail.



ubiquitous in Bay Village and

northern Westlake first became

established during the Archaic

Period. The mortar was probably used to grind acorns and hickory nuts for food in seasonal encampments in the area. Dr. Redmond said these mortar and pestle tools became common about 7,000 years ago. These tools show that native peoples were becoming more dependent on gathering wild plant foods such as these. Because they were heavy to

transport they were probably

left in the groves of nut trees for

use in subsequent years. The Pease family, early residents of Dover, amassed a substantial collection of Archaic lithics from the area around Cahoon Creek in Westlake, probably around Dover Center and Center Ridge Road where they lived and worked. A lithic is a stone tool such as a grinder, scraper, drill, spear point, celt or projectile point. The Pease collection was inherited by lifelong Westlake resident Chris Kitchens who had them evaluated recently by Dr. Redmond at CMNH. He stated

that most of the collection is Early Archaic though at least one item is about 4,000 years old, making it Late Archaic.

Dr. Redmond also examined a stone celt that lifelong Westlake resident Dina Bluemel gave to me for the Westlake Historical Society collection, and determined that it was most likely Early Archaic. Dina's father Richard Forthofer, discovered the heavy 6.5-inchlong artifact when he was a boy, near where he grew up at 2775 Nagel Road (near Cherry Street across from Holy Trinity Church) in Avon.

Dr. Redmond surmised that the beveled blade on the celt, which fits comfortably in one's hand, was used to separate bark from wood, with an arm movement similar to planing wood. This tool may have been a companion to the distinctive grooved stone ax of the period which was probably used for the construction of wood framed dwellings and dugout canoes during this time. It is thought that Early Archaic hunters and gatherers lived in small shelters built with wooden frames and covered with tree bark, hides or woven mats. This is so that they could move seasonally to be close to whatever food resources were available.



River.

6.5-inch-long Early Archaic Celt cutting tool, circa 6,000 to 8,000 B.C., found in Avon by Richard Forthofer. Courtesy of Dina Bluemel.



Items from the Pease collection of primarily Early Archaic lithics found in Dover. Courtesy of Chris Kitchens.

THE DIGITAL WORLD

Disposing of your old computer

by TAK SATO

Testlake and Bay Village service departments postponed their spring eWaste roundup events due to social distancing mandates. A little more time to prepare your eWaste before disposal!

Preparing your eWaste for safe disposal is about minimizing the chance of your information stored on the old computer, aka data, from falling into the possession of nefarious entities.

Whether computers, tablets, smartphones, or other computer-like

electronic devices including Smart TVs, most save mountains of information during the years of usage. We'll cover computers today and cover tablets and smartphones in future issues.

Inside a computer, storage components like hard disk drive (HDD or mechanical drive) and solid state drive (SSD) are responsible for storing information such as documents you wrote, pictures you imported, tax returns if you used tax preparation software, or files you downloaded from the internet.

This article assumes you no longer need the data on the old computer, have a backup, or it's already copied onto the new computer you replaced it with. If this assumption is wrong and you need the data, make sure you have a good backup before proceeding.

Two DIY options exist to remove the data: manually or digitally.

Option 1: Remove the storage components, put them in a shoebox, and

store it somewhere safe, then dispose of the rest. This will also be your only option if the computer is not operable.

If you are not familiar with how storage components look, just google "3.5 inch hard disk drive" if you have a desktop or "2.5 inch hard disk drive" if you have a laptop for pictures. After making sure the computer is unplugged for some time and the battery is detached and/or disconnected to avoid risk of electrical shock, find the screws (some have a latch instead of screws) holding the cover. There are just too many permutations of computer cases out there so here, too, a google search is handy.

Once opened, look for storage components. Detach all cables connected to the storage components. There may be more screws to deal with as storage components are typically inside a structure referred to as a "drive cage." Sometimes you need to free the drive cage out of the computer first before the

storage component can be slid out.

Option 2: If you opt to keep the storage component intact and instead programmatically "wipe" (aka erase data in an unrecoverable manner) the data on the storage component, I have personally used the free software from the website dban.org with success. This option can be technical so if you need instructions, there are an abundance of "how to" videos on the internet that googling will uncover.

Apple's Mac computer users also have a DIY option: boot into the recovery partition, go to the Disk Utilities selection, and choose "erase" to securely wipe the data. If DIY is not your "thing," contact Apple support and they should help you get into their recycle program where they'll lead you every step of the way. At the end you can even bring in your prepared Apple computer into the Apple Store (closest in Crocker Park) for disposal.

SENIOR LIVING

Community residents and Kiwanis support restaurants and Meals on Wheels

by BROOKE O'DONNELL

Teighbors are coming together in creative ways to support each other and community organizations during this uncertain time. Westlake Meals on Wheels (WMOW) is partnering with local restaurants and the program has

received tremendous support. Westlake Mayor Dennis Clough endorses the program and feels it can have a positive impact. "Si Senor & Subway are just two of the Westlake businesses that have stepped up to help. I encourage other businesses and volunteers to join us in this great program," said the Mayor.

Westlake School

Superintendent Dr. Scott Goggin also expressed support. "Including our local businesses is a great idea to not only provide for our senior citizens, but also support our local businesses. This is a creative idea to build a win-win relationship," said Dr. Goggin.

Westlake Kiwanis also has gotten involved by being a meal sponsor for local restaurant meals for Meals on Wheels recipients every Tuesday for the next month. "This is such an amazing opportunity to help our community. Helping local restaurants to help others really emphasizes how together we will get through this time of crisis," said Westlake Kiwanis President-elect Kevin Walker.

The program works as follows: Residents of the community looking to help can "donate" meals from local restaurants (each meal is \$5) for WMOW to provide to their recipients to replace the in-house prepared meals. When the number of donations reaches 75, the restaurant will provide the meal for WMOW to serve. The program currently has nine participating restaurants, and more are welcome.

This program allows members of the community to help both entities – local restaurants and Meals on Wheels. WMOW board chairman Dr. Carl Rak sees it as a way to meet the challenges

of the day. "The first is healthy meals for our recipients. The second is to keep staff and volunteers safe. The third is the development of a WMOW/ restaurant partnership to keep both groups viable in these challenging times," said Dr. Rak.

Support from community residents "has been nothing short of amazing," said WMOW Executive Director Marie Patten-Blatter. Mr. Walker of the Kiwanis added, "We would like to express our gratitude to Meals on Wheels for making it so easy to help so many."

To participate as a restaurant or to donate a meal for \$5, visit my.cheddarup. com/c/wmow-neighbors-united-delivering-together.



Assisted Living at O'Neill Healthcare

Nestled within a 5 star CMS rated Skilled Nursing and Rehabilitation Community. Memory Support Assisted Living available.

- Delicious, home cooked meals
- Safety features, including emergency pull cord and walk-in shower with grab bars
- Activities program to promote socialization and life enrichment







605 Bradley Road ONeillHC.com

Contact Gina Jakubowski at 440-348-5424 or Marketing.BV@ONeillHC.com

BAY VILLAGE | FAIRVIEW PARK | LAKEWOOD | NORTH OLMSTED | NORTH RIDGEVILLE

Join the Observer

SHARE YOUR NEWS ABOUT WESTLAKE & BAY VILLAGE

The Observer is open to all Bay Village and Westlake residents who want to participate in sharing positive news. It's fun, easy and free to become an Observer. Visit our website at wbvobserver.com and click on Member Center to sign up and be a part of this vital community project!

SPORTING VIEWS

How sports life will be lived in the future

by JEFF BING

nless you've been living under a rock of late (perhaps not such a bad option, come to think of it, as nobody can cough on you down there), you've no doubt heard our governor, Kentucky's governor, Timbuktu's governor, and every other state's governor talk of how things "won't be the same" when we return to life as we (sort of) knew it.

Okay, we get it: there's a change a-comin', and a hard rain's a-gonna fall, right?

Whilst we scurry for cover from disaster (either the next wave of COVID-19 or the presidential election: your choice as to what you fear more), wouldn't it be helpful if we knew what we were getting ourselves into? I mean, we have our gloves. We have our masks. We have a six-month supply of hand sanitizer and an 18-month supply of toilet paper. We are armed with a Louisville Slugger lest someone encroach upon that magical six-foot radius (and don't challenge me, bub, because I also brought a pair of recently calibrated yard sticks). Saddle us with any more protective gear to ensure our health and I boldly predict the next run on the hospitals will be for emergency



The seats at Progressive Field in the future may look a lot like Cleveland Municipal Stadium in the past – empty. This time it would be due to fan distancing, not disinterest.

hernia surgery from lugging all this stuff around.

But you're not reading this to be enlightened about dealing with the next pandemic, are you? You'd rather get past the first one before you try and tackle the second one, no? (Gotta crawl before you can walk, Elmo). That being the case, sit back and be prepared for the following to occur:

"Live" sporting events will change

dramatically. Think about that 6-foot radius thing we are all following obediently. Now, pretend you're sitting at Progressive Field watching the Tribe play the Yankees. Obviously, it's a sellout. But wait a minute. We still have that 6-foot social distancing rule. So draw an imaginary circle with you being at the center, and make those dozen or so folks who are within the circle *disappear*.

Now, around the outside of the

now-empty (with the exception of you, of course) circle, every 6 feet place a fan in the closest seat to the 6-foot rule without making the distance less than 6 feet at any point. With this method, you'll have a sell-out crowd of about 2,400 fans in Progressive Field. (Or, to put things in perspective for the older Indians fans, a typical crowd at old Cleveland Stadium).

Watching a game live will become a rarity, as precious few "live" tickets for the event will be available. And they will be E-X-P-E-N-S-I-V-E, baby. You'll need a co-signer to enter the park – trust me on that one.

But you will have an option. You see, you will be able to buy a virtual ticket. Mini-cameras will be mounted in each non-occupied seat, and you'll be able to watch the game just as if you were *there!* Regular TV will have been ratcheted back a notch to make the virtual seats preferable. It's possible that only those who purchase virtual seats will be able to see the game "live"; the rest of us shmoes might have to wait 24 hours or so.

The good news? Traffic to and from sporting events won't be an issue. You'll have your own personal beer vendor (the downside being that a beer will now cost 40 or 50 bucks). But suck it up, buttercup, at least baseball will be back!

And yes, it will be the same thing with the Browns and Cavs.

Next issue, we'll look at how other things we take for granted with our sports teams will have changed ...

SNIPPETS OF BAY VILLAGE HISTORY

A Bay Village timeline, part 2

by KAY LAUGHLIN

ontinuing with events that made a difference in North Dover Township, now Bay Village.

1. Dover Lake Shore Methodist Episcopal Church

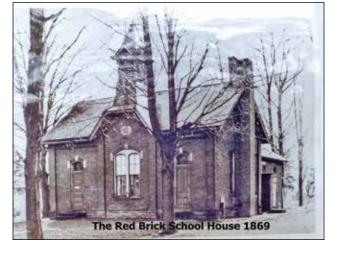
The Methodist Church was founded in Elizabeth Sadler's parlor in June 1827. As more



members followed, the worship service was moved to a log cabin school near Lake and Bassett Roads. In 1840, a clapboard, one-room church was built on the corner of Lake and Bassett roads. Eighteen members contributed their skills and monies to the project on land donated by the Sadler family. For the next 90 years this church served the citizens of North Dover/Bay Village.

2. The Red Brick School House

The first school house was built in 1869 on the south side of Lake Road near Sherman Osborn's house. All the children from 1st to 9th grades in North Dover/Bay Village were now housed in one building. There was one teacher instructing the children. Over time,



as the township grew, another room was added to the back of the building. This building served our town until Parkview School was built in 1922.

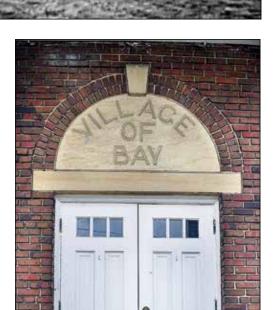
3. Lake Shore Electric Railway

The interurban, with tracks laid through the back yards, did even more to advance life in the township. The building boom was developed with subdivisions

as farmers began to sell parts of their back lands. Handsome homes were seen on acre lots along the shoreline and Dad could now ride to work on a trolley. Summer cottages sprang up all across North Dover as farmers could see revenue coming from the rentals. Our population increased

4. Village of Bay

In 1901, Reuben Osborn II called his neighbors together to discuss North Dover Township separating from South Dover Township. Reuben reminded his fellow neighbors that most of the township revenue came from North Dover. (North Dover having the most population, hence income, to share with the township.) When the new trustees were announced at the recent election it was obvious that the new trustees resided in South Dover. The North Dover citizens voted to separate and the Hamlet of Bay was formed. In 1903,



the hamlet incorporated as the Village of Bay. Reuben Osborn II was the first mayor. Our city hall was built in 1914 on land given to the city by the Cahoon sisters.



MAGICAL HISTORY TOUR

Cleveland Metroparks Zoo

by RACHEL POLANIEC

In keeping with social distancing, April's Magical History Tour takes us on a memory-fueled journey to the Cleveland Metroparks Zoo. So crack open the photo album as we revisit a favorite Northeast

Ohio attraction from the comfort of home.

c l a s s i c Cleveland crowd pleaser, the Cleveland Metroparks Zoo began on Sept. 15, 1882, when Jeptha H. Wade donated 73 acres of land and 14 American deer to the city of Cleveland in what is now University Circle's Wade Oval. The arrival of the Cleveland Museum of Art in 1916 necessitated the move

of the zoo's small building and tiny but growing collection of animals to its current location in Brookside Park near West 25th Street.

Most of the zoo's early menagerie were species native to the area, though there were some rather large exceptions like Minnie, Cleveland's first zoo elephant, who joined the collection in 1907. By 1940 the zoo had added Monkey Island, Sea Lion Pools, and a bear exhibit. November 1940 brought Asian elephant Frieda, a

favorite with zoo patrons until her death on Nov. 27, 1956. Her popularity no doubt contributed to the 1955 establishment of an African safari by dedicated zoo staff and enthusiastic supporters, adding two hippopotamuses, two rhinoceros, three giraffes, a variety of smaller animals, and three additional elephants joining Frieda.

The zoo received great patronage from the people of Cleveland, who approved \$1 million bond issues to construct the Bird Building (1950) and Pachyderm Building (1955). At its official opening in 1956, the Pachyderm House's master of ceremonies

Foods founder) was almost trampled by a horde of excited children. The method used to train the elephants is now known as elephant school; training such large, strong animals to follow commands is essential for the health and vitality of both animal and human trainer. (Now if only we



A giraffe patiently awaits a lettuce snack at the critter's eye level Ben Gogolick Giraffe Encounter.



Kibibbi the rhino. According to the nearby guide, while in her indoor enclosure Kibibbi lunged at neighboring rhino Forrest, damaging her horn against the metal bar. The resulting crack meant the veterinary staff had to trim it down.

could train small children to not stampede unfortunate masters of ceremonies ...)

April 1957 saw the founding of the Cleveland Zoological Society, who took over the operation of the zoo under contract with the city of Cleveland. The Society ran the zoo until the 1970s, when it came under the control of the Cleveland Metroparks.

Amid bell-bottom jeans and manperms (looking at you, Dad) the zoo built The Primate & Cat Building (1975) and moved its original building, the Wade Deer Park Barn, from Wade Park to its present Gordon Stouffer (son of the Stouffer location next to Waterfowl Lake.

Since then, the zoo has continued to expand, adding The RainForest (1992), Wolf Wilderness (1997), Australian Adventure (2000), The Sarah Allison Steffee Center for Zoological Medicine (2004), African Elephant Crossing (2011), Rosebrough Tiger Passage (2016), and Asian Highlands (June 2018). While each exhibit has a loyal following, four standouts deserve special attention.

A favorite in Cleveland's colder months, the RainForest covers two acres



Bubble-gum pink flamingos brighten even the grayest of Cleveland days.



Following the RainForest's winding Medicine Trail.

on the site of an old foundry. Begun in 1987 and intended as a genuine showstopper, the RainForest was the Zoo's first fully-immersive exhibit: As the doors slide open, visitors are greeted with the roar of the 25-foot waterfall, which cycles 600 gallons of water every minute. Pipedin ambient sounds (the zoo's first) and a selection of 10,000 plants with origins in South America, Africa, and Asia complete the effect.

Located front and center of the zoo proper is African Elephant Crossing, always an excellent way to start one's visit. Clearly lavished with love and an attention to detail, African Elephant safe my friends.

Crossing is quadruple the size of the first Pachyderm Building. The exhibit can hold up to 10 elephants at once, including one male and (eventually) young. Twice a day the lovely elephant ladies cross from one yard to the other of their five-acre enclosure, which features grasslands, trees, ponds, a heated outdoor area, and large sleeping space. Watching them cross is quite the treat, with each one stepping forward and passing through the gate in turn.

> Speaking of treats, young and old alike are sure to be delighted by the Rosebrough Tiger Passage, opened in June 2016. Named for Northeast Ohio philanthropists Carol and Walt Rosebrough, the 15,500 square feet of habitat contains heated rocks (for the Amur tigers and visitors!), aquatic areas, and vertical climbing poles, as well as the required space for a breeding pair and cubs.

> Nearby is the newest jewel in the zoo's crown, Asian Highlands. The 1.3-acre exhibit is shiny yet serene: colorful flags fluttering over open courtyards, gently curving rooflines, and round moon gates, with delicate Asian-inspired music floating throughout. The red pandas,

> > Amur leopard, and snow leopards inhabiting the new set piece were moved from their previous location over in Primate, Cat & Aquatics, while the zoo's first takins (Himalayan goatantelopes), arrived from the Columbus Zoo in June 2018.

In celebration of Asian Highlands, the zoo hosted the

Asian Lantern Festival in 2018 (and again in 2019), featuring eye-popping shapes, patterns, and colors splashed across our favorite zoo animals as larger-than-life lanterns. The lanterns were brought to Cleveland by Tianyu Arts and Culture, a subsidiary of Sichuan Tianyu in Zigong, China, creating an entirely new zoo experience for first-time visitors and seasoned guests alike.

While trips to the Cleveland Metroparks Zoo are currently out of reach, our collected memories and mementos will continue to tide us over until our zoo welcomes us once more. Until then, stay



Clark Young (left) and Loreen and Bob Dorin show off their century home plaques.

BAY VILLAGE HISTORICAL SOCIETY

Neighbors buy matching century home plaques

by ERIC EAKIN

lark and Barb Young recently purchased a century home plague for their Electric Drive home from the Bay Village Historical Society. Neighbors Bob and Loreen Dorin saw it and were so impressed they purchased one for their Florence Road home. The Bay Village Historical Society makes available plaques to the owners of homes in the city that are

more than 100 years old.

The plaques, made of cast aluminum and colored black and gold, are 10 inches by 14 inches oval, and include the words "Bay Village," "Century Home" and the year of construction.

The cost is \$125, which includes delivery and a one-year membership in the Bay Village Historical Society, a \$35 value. For more information call 216-386-5997 or visit www.bayhistorical.com.

HEALTH & WELLNESS

Compeer mentoring program gives teens sense of belonging

by DENISE AYRES

ar West Center, a nonprofit community mental health services agency, offers a Compeer mentoring program for youth ages 14-17. Far West Center has a successful ongoing Compeer Program, starting in 1989, for adults in recovery. Compeer International was awarded a federal grant to promote nationwide mentoring for youth receiving mental health services. Far West Center, located in Building 4 on the UH St. John Medical Center Health Campus, is one of 12 Compeer affiliates to receive funding for a youth mentoring program.

Compeer is looking for caring adults that can offer 4 hours each month being a caring mentor for a teen, ages 14-17. Compeer provides training and continuous, one-to-one support to qualifying mentors. Compeer mentors serve to provide compassion, emotional support and a sense of acceptance for their teen mentor matches.

Mentoring time is offered in a variety of ways including phone calls, meeting to take walks, or enjoying a bicycle path together. As the need for social distancing decreases, volunteer mentors can meet their matches for lunch and attend community activities together. What is unique about Compeer volunteering is that each mentor creates his or her own monthly volunteering schedule.

Research reports are showing that depression and anxiety are on the rise among our teens regardless

of demographic differences. Now there are more stressors presented by the COVID-19 pandemic. Fortunately, many parents and teachers know the importance of linking teens to counseling and mental health services in order to treat symptoms and provide coping tools. It has been proven by Compeer International that when mentoring is added for teens already engaged in counseling it increases self-esteem and a focus on positive goals.

Your 4 hours of volunteering will make a significant difference for a teen. Teens managing depression and anxiety often feel isolated and develop low self-esteem. Isolating from peers and the community leads to additional, complicated problems. As a mentor you will help a teen feel a sense of acceptance, belonging and hope for his or her future.

Your time, attention and talking about shared interests can put a teen on a path to success. The Compeer service model is evidence-based. Also, the Compeer program is fun for both members and mentors!

Please consider joining our Compeer team of caring mentors. Questions prior to application are always welcome. Call me, Compeer's volunteer coordinator, Denise Ayres, at 440-835-6212, ext. 242. Emails welcome at: compeer@farwestcenter.com.

To refer a teen, ages 14-17, to our Compeer Mentoring Program please call Candace Clark at 440-835-6212, ext. 241, or email: cclark@farwestcenter.com.

Bay Schools moves eLearning forward in phases

by KAREN DERBY

A fter several weeks of setting up online classrooms, mastering online meetings, creating video messages and wading through a tsunami of email, the Bay Village School District has settled into distance learning. Teachers and students, as well as parents, have learned a lot about teaching and learning online, or eLearning, since schools closed due to the COVID-19 pandemic.

"We recognized that eLearning presents unique challenges and is a new experience for our students and teachers," said Superintendent Jodie Hausmann. "We had to pivot into this process quickly. So for those first weeks of this year's final quarter, we asked teachers to review material previously covered, and to not assign grades."

But now, like many other school districts across the nation, students and staff will return from spring break to cover new material that "counts" on the students' final report card. (Ohio test grades are no longer an issue after the state waived all its tests for this year.)

"The work will be graded, but not in the traditional way," said Hausmann. "Grades for the last six weeks of this final quarter will be a 'complete' or an 'incomplete' on assignments. The quarter's final letter grade will be

based on consistent, completed work."

The goal is to have students continue to learn in this new situation, without the added pressure of grades. Teachers will be focusing more on constructive feedback about work, rather than assigning a calculated percentage.

"We want students to remain engaged with learning," the superintendent said. "We want parents, especially those with younger children and multiple children, to feel less pressure in their guidance. The isolation of social distancing is hard enough. We want learning to be a bright spot, a fun and joyful addition to the day."

Learning materials, assignments, video messages and interactive activities are accessed through student Chromebooks. Prior to the stay-at-home order, only high school students took their school-issued Chromebooks home. But during the second week of the school closing, Chromebooks were issued to all kindergarten through eighth-grade students. Parents retrieved the computers during a coordinated, drivethrough event that made social distancing a priority.

Hausmann said the district's next priority is to make senior year and graduation special in some new ways for this year's graduating seniors. "We feel sad that students may miss some of these milestone events they have been looking forward to since grade school," said Hausmann. "But we have lots of creative, talented adults in this district, staff and parents, who love these kids. I am confident that whatever our governor decides about allowing gatherings, we will find a way to make the end of this year a special one for our Class of 2020."

Easter food distribution comes at critical time for local families



and anxiety are on the rise 835-6212, ext. 241, or email: A Westlake police officer delivers among our teens regardless cclark@farwestcenter.com. • Easter food to a waiting car.

by ROBERT ROZBORIL

very year around this time, the Westlake Senior and Community Services Department holds its Easter Food Distribution program through which residents in need can make an appointment to receive vital food supplies.

Each family was provided a ticket with a time indicating when to show up to claim their food and received a treasure trove of essentials to take home without having to leave their cars. Families received a free turkey, fresh produce, a flower and other essentials.

It's the sort of thing

Community Services staffers do throughout the year – distributing food to people in need through the city's Food Pantry – but its Easter and Thanksgiving distributions are especially large-scale events. And given the number of families feeling the strain from COVID-19 orders to stay home and subsequent unemployment in many instances, this year's Easter event was particularly important.

More than 50 families made the trip to the Community Services Center and at least a dozen others had their much-needed food baskets delivered to their homes.

See a video at www. cityofwestlake.org/CivicAlerts.aspx?AID=751 of city employees pitching in to make sure the food reached the families that needed it.

